

# UCD School of Veterinary Medicine Online Alumni Mentoring

### **Discussion Topics**

#### Suggested General Topics for Discussion:

- overall goals which the mentor and mentee will work together to achieve
- discuss the mentee's goals for the first year of their professional career
- discuss any thoughts the mentee might have around their overall career development and what strategies they can use to achieve their goals
- identify any potential areas for professional growth and career development and any training and development opportunities the mentee might have access to
- look at how the mentee might work on developing specific professional and interpersonal skills such as communication skills, feedback skills, management skills
- discuss how the mentee can be empowered to make their own decisions and to build and develop self-reliance and resilience and also their confidence levels in their new professional role
- discuss workplace related issues, and options for how these may be addressed; issues of professional ethics may also come up
- reflect on professional challenges and achievements and agree to review and discuss these on a regular basis. It's important to focus on positive aspects of the mentee's personal and professional development as well as looking at problems and issues they have encountered



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### Suggested Veterinary Specific Topics for Discussion:

- What was your first clinical case?
- What has been your most difficult case so far?
- Was working as a vet/vet nurse for the first time as you expected it would be?
- What has most surprised you about the transition from College to work?
- Has dealing with the business aspects been hard? settling clients bills etc?
- What has been your most difficult experience so far with a client? How did you deal with it?
- What has been your most rewarding experience so far? What made it such a positive experience?